

Recipe: 105301 - GR 5301 PORTUGUESE ROLL
Recipe Owing Business Unit: 100000 - East - Grand Rapids
Production Item: 20530100000 - F & F PORTUGUESE ROLL
Production Item Owing Business Unit: 0 - Corporate

2016 Nutrition Panel

Nutrition Facts		
About 1.0 Servings Per Container		
Serving Size		1 Roll (85g)
Amount Per Serving		
Calories		210
		% Daily Value *
Total Fat	1.5g	2%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	480mg	21%
Total Carbohydrate	42g	15%
Dietary Fiber	0g	0%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	7g	
Vitamin D	0mcg	0%
Calcium	14mg	0%
Iron	3mg	16%
Potassium	85mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		

Ingredients: Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Canola Oil, Extra Virgin Olive Oil, Yeast, Rye Flour, Enzymes, Ascorbic Acid

Allergens: WHEAT

Bioengineered: None