

**Recipe: 27481 - SC 8523 Donut Recipe 215 Caramel Iced Cr me Long John Mel
O Cr me West**

Recipe Owning Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owning Business Unit: 0 - Corporate

2016 Nutrition Panel

Nutrition Facts	
About 576 Servings Per Container	
Serving Size	1 Donut (106g)
Amount Per Serving	
Calories	100
% Daily Value *	
Total Fat 4.5g	6%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 14g	5%
Dietary Fiber 0g	0%
Total Sugars 13g	
Includes 12g Added Sugars	25%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 0mg	0%
Potassium 25mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Filled Long John Donut (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Hydrogenated Palm Oil, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Poly Sorbate 60, Annatto And Turmeric Extract Color), Icing (Sugar, Vegetable Shortening [Palm Oil], Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey [Milk], Caramel Color [Sulfites], Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate [Preservative], Citric Acid, Red 40)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 29599 - GR 8523 Donut Recpe 216 Caramel Iced Cream LJ W/Sprinkles
Mel O Cr me**

Recipe Owing Business Unit: 100000 - East - Grand Rapids

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

2016 Nutrition Panel

Nutrition Facts	
24 Servings Per Container	
Serving Size	1 Donut (113g)
Amount Per Serving	
Calories	460
% Daily Value *	
Total Fat 23g	29%
Saturated Fat 11g	57%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate 57g	21%
Dietary Fiber 1g	4%
Total Sugars 32g	
Includes 30g Added Sugars	61%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 35mg	2%
Iron 2mg	10%
Potassium 95mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Filled Long John Donut (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Palm Oil, Soybean Oil, Yeast, Salt, Whey, Hydrogenated Palm Oil, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Poly Sorbate 60, Annatto And Turmeric Extract Color), Icing (Sugar, Vegetable Shortening [Palm Oil], Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey [Milk], Caramel Color [Sulfites], Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate [Preservative], Citric Acid, Red 40), Rainbow Sprinkles (Sugar, Corn Starch, Vegetable Oil [Palm Kernel Oil And/Or Palm Oil], Soy Lecithin, Dextrin, Confectioner's Glaze, Red 40 Lake, Natural And Artificial Flavor, Yellow 6 Lake, Carnauba Wax, Yellow 5 Lake, Blue 1 Lake, Red 3, Red 40)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27530 - SC 8523 Donut Recipe 217 Caramel Iced Cream LJ W/Nuts Mel
O Cr me West**

Recipe Owing Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (113g)	
Servings Per Container		24	
Amount Per Serving			
Calories	460	Calories from Fat	220
			% Daily Value *
Total Fat	25g		38%
Saturated Fat	10g		48%
Trans Fat	1.5g		
Cholesterol	0mg		0%
Sodium	350mg		15%
Total Carbohydrate	53g		18%
Dietary Fiber	<1g		2%
Sugars	27g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Filled Long John Donut (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Hydrogenated Palm Oil, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Poly Sorbate 60, Annatto And Turmeric Extract Color), Icing (Sugar, Vegetable Shortening [Palm Oil], Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey [Milk], Caramel Color [Sulfites], Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate [Preservative], Citric Acid, Red 40), Dry Roasted Peanuts

Allergens: WHEAT, MILK, SOY, EGGS, PEANUTS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27481 - SC 8523 Donut Recipe 215 Caramel Iced Cr me Long John Mel
O Cr me West**

Recipe Owing Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

2016 Nutrition Panel

Nutrition Facts	
About 25 Servings Per Container	
Serving Size	1 Donut (103g)
Amount Per Serving	
Calories	410
% Daily Value *	
Total Fat 21g	27%
Saturated Fat 9g	45%
Trans Fat 1.5g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 51g	18%
Dietary Fiber 0g	0%
Total Sugars 26g	
Includes 12g Added Sugars	24%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 25mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Filled Long John Donut (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Hydrogenated Palm Oil, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Poly Sorbate 60, Annatto And Turmeric Extract Color), Icing (Sugar, Vegetable Shortening [Palm Oil], Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey [Milk], Caramel Color [Sulfites], Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate [Preservative], Citric Acid, Red 40)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27471 - OM 8523 Donut Recipe 209 Caramel Iced Custard LJ W/Sprinkle
Mel O Cr me West**

Recipe Owing Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (120g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	480	Calories from Fat	220
% Daily Value *			
Total Fat	24g		37%
Saturated Fat	11g		55%
Trans Fat	1.5g		
Cholesterol	0mg		0%
Sodium	380mg		16%
Total Carbohydrate	60g		20%
Dietary Fiber	0g		0%
Sugars	31g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, High Fructose Corn Syrup, Salt, Corn Syrup, Whey, Food Starch Modified, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, , Yellow Corn Flour, Sorbic Acid And Sodium Benzoate (As Preservatives), Titanium Dioxide (As Color), Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Mono And Diglycerides With Bht As Preservative, Phosphoric Acid, Agar, Propylene Glycol, Glycerine, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color, Fd&C Yellow 5 And 6. Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40. Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40) Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: None

**Recipe: 27554 - FG 8523 Donut Recipe 223 Caramel Iced Unfilled Long John Mel
O Cr me West**

Recipe Owing Business Unit: 200000 - West - Fargo

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (85g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	330	Calories from Fat	150
		% Daily Value *	
Total Fat	16g		25%
Saturated Fat	8g		41%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	320mg		13%
Total Carbohydrate	41g		14%
Dietary Fiber	0g		0%
Sugars	16g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed). , Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40.

Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: None

**Recipe: 27557 - SC 8523 Donut Recipe 224 Caramel Iced Unfilled LJ W/Sprinkles
Mel O Cr me West**

Recipe Owing Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (92g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	360	Calories from Fat	160
% Daily Value *			
Total Fat	18g		28%
Saturated Fat	9g		47%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	320mg		13%
Total Carbohydrate	46g		15%
Dietary Fiber	0g		0%
Sugars	19g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed). , Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Icing (Sugar, Vegetable Shortening [Palm Oil], Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey [Milk], Caramel Color [Sulfites], Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate [Preservative], Citric Acid, Red 40), Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)

Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27559 - FG 8523 Donut Recipe 225 Caramel Iced Unfilled LJ W/Nuts Mel
O Cr me West**

Recipe Owning Business Unit: 200000 - West - Fargo

Production Item: 20852300000 - Single Donut Recipe

Production Item Owning Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (92g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	370	Calories from Fat	180
		% Daily Value *	
Total Fat	20g		31%
Saturated Fat	9g		44%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	320mg		13%
Total Carbohydrate	42g		14%
Dietary Fiber	<1g		2%
Sugars	16g		
Protein	6g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed). , Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Ingredients: Sugar, Vegetable Shortening (Palm Oil), Water, High Fructose Corn Syrup, Corn Syrup, Modified Whey (Milk), Caramel Color (Sulfites), Artificial Flavor, Mono- And Diglycerides, Polysorbate 60, Salt, Soy Lecithin, Potassium Sorbate (Preservative), Citric Acid, Red 40. Dry Roasted Peanuts
Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: None